

# Home Testing Strips

**First:** Check the expiration date on your test package. Then check the label.

1. **Marijuana Home Test Strip – Check for this label**
2. **Nicotine Home Test Strip – Check for this label**

Each strip is labeled for one substance. Make note of which test strip you use.



## Why do a home test for Marijuana?

It often takes 2 years before a parent realizes their child is using drugs/alcohol. Marijuana is the #2 drug of choice for teens, ranking only behind alcohol. It is considered a 'primer' drug since this risky behavior can invite experimentation with more addictive drugs and being under the influence of marijuana reduces refusal skills. Effects of use include: memory impaired, attention, and motivation decline that can lead to mental health problems. Testing for THC may deter your child from using marijuana. In the event of a positive test - you will be able to address it promptly. Test strip shows THC up to 5 days after last use. In the event of a positive test have your child re-tested in your doctor's office or local drug testing facility where they can also connect you with resources.

## Why do a home test for Nicotine?

Vaping and electronic cigarettes are being marketed to our youth. The cartridges come in candy flavors. A single vape cartridge can have as much nicotine as a pack of cigarettes. The health impact is significant. Use the strips as a deterrent – so your child doesn't experiment, or as a follow-up if teen has been known to vape. Early intervention for the best outcome is important for your child's health.

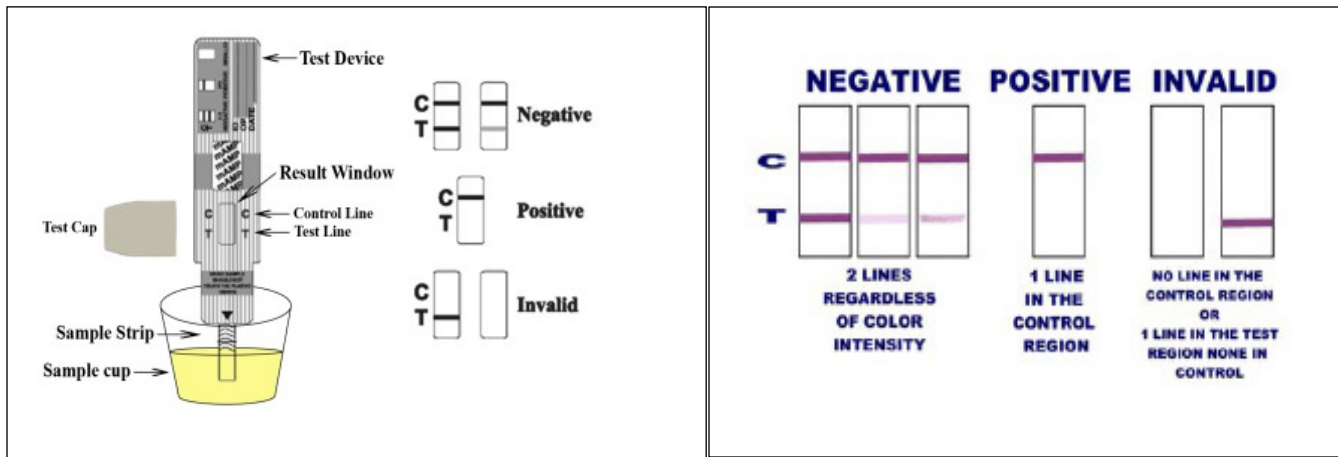
## Instructions for use of test strip

**\*\*\*you will need a small clear, clean disposable cup for this test\*\*\***

- Note the expiration date on the package and whether the strip is labeled Nicotine or Marijuana THC
- Collect urine from the donor in a disposable cup that is at room temperature.
- Remove the bottom cap from the marijuana drug test card and submerge the drug test strip in the urine.
- **AVOID passing the arrow when submerging the test strip, as this can flood the test and invalidate the test.**
- Once all the lines in the C (control) area appear you can read the bottom lines in the T (test) area.
- Click picture of [negative \(nicotine free\) test](#) showing 2 lines.

To interpret results, follow the image below:

(Questions – email [michael@drugtestofpa.com](mailto:michael@drugtestofpa.com) )



**If test is positive you may retest and connect with services by contacting county drug and alcohol.**

Use of this test is a pro-active measure . All responsibility for results and actions taken thereafter are assumed by the adult caregiver.